Dos and Don’ts of Field-Dressing

Don’t tie the carcass to the hood of your car.

Do get the carcass to proper refrigeration as soon as possible.

Don’t hold the carcass outdoors, unrefrigerated until it can be processed. Temperatures of 50 degrees to 60 degrees can cause rapid deterioration and spoilage of meat.

Do take the carcass to a commercial processing plant as soon as possible, if you are not processing deer yourself. If you are, however, be prepared to hold the carcass below 40 degrees F, by mechanical refrigeration or ice.

Tips for Selecting a Commercial Processor

If you plan to use a commercial processor for preparing your deer, here are a few questions to consider:

● Does the processor have a receiving cooler adequate to hang your deer?
● Are skinned deer stored separately from unskinned carcasses?
● How will the carcass be stored? Cooled air cannot circulate properly around carcasses stored in a pile on the floor.
● Does the processor have a "reconditioning" area where the carcass can be skinned and visible contaminations can be trimmed away?
● Are carcasses washed thoroughly in an area equipped with clean running water and a floor drain?
● Is wash water prevented from contacting any other food products or processing equipment?

Be Aware:

Every hunter should watch for ticks on deer that may cause Lyme Disease or Rocky Mountain Spotted Fever. These ticks can crawl off the carcass and attach to humans or pets.
Before You Begin

Use caution as you approach a downed deer. Be sure it is dead before you get within range of its feet or antlers.

Field Dressing

1. Field dress the deer as soon as possible to reduce body heat and prevent possible tainting of the meat from intestinal gasses which can migrate into the muscle. Try to place the deer where you will have plenty of room to work. Prop it on its back and brace the animal with a rock or log. Placement on a slight slope will help drain blood from cavities.

2. Open the abdomen near the breast bone. Cut through the hide along the center line of the belly from head to tail. Use two fingers of your free hand to guide the blade. To avoid cutting the intestines or paunch, cut through the muscles of the belly with the sharp edge of the knife pointing outwards. If an accident occurs, meat that is contaminated by intestinal contents or feces should be trimmed away and discarded.

3. Cut deeply around the anus (called “ringing the bung”), leaving it attached to the intestines. If possible, split the pelvic bones with a heavy knife or hand axe.

4. Open the chest cavity by cutting the ribs loose from the breastbone at the cartilage attachment near the midline. Split the diaphragm which separates the chest cavity from the abdomen.

5. At the farthest-most possible point in the neck area, sever the esophagus (gullet) and trachea (windpipe) from the attachments. Pull the entire contents of the chest and abdominal cavities out onto the ground in one piece, to avoid spilling ingesta, feces or urine onto edible portions of the carcass.

6. Remove the heart and liver if these are to be saved.

7. To speed the cooling process, prop open the rib cage and abdomen with sticks to provide more air circulation. Hang the carcass for about an hour, if possible and time permits, to allow some cooling before transport.

8. The carcass is now ready to drag back to camp or to your vehicle. The deer should be kept as clean and as cool as possible during transport.

Preparation Checklist

Don’t forget these important items before you leave home:

- Strong rope, 10 feet to 15 feet long, to aid in dragging the deer from the kill site.
- A good, sharp hunting or skinning knife with a 5-inch to 6-inch blade.
- A clean, sturdy plastic bag in which to place the liver and heart, if saved.
- A large towel or piece of absorbent cloth, approximately 1 square yard to wipe out the body cavities and to dry your hands.

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