


Sloppy Joe Bake

Total recipe time: 1 hour 10 minutes Makes 6 servings

Ingredients

1. 1-1/2 pounds ground beef (80% to 85% lean)
2. 1 large yellow onion, chopped (1-1/2 to 2 cups)
3. 2 cans (14-1/2 to 16 ounces each) sloppy Joe sauce
4. 3 cups uncooked rotini 
5. 1/2 cup water
6. 1 cup shredded Cheddar cheese
7. Sliced green onions (optional)

Instructions

1. Heat oven to 350°F. Brown ground beef with yellow onion in large nonstick skillet over medium heat 8 to 10 minutes or until beef is not pink, breaking up into 3/4-inch crumbles. Pour off drippings. Stir in sloppy Joe sauce, rotini and water.
2. Spray 13 x 9-inch glass baking dish with nonstick cooking spray. Spoon beef mixture into dish; cover with aluminum foil. Bake in 350°F oven 35 to 40 minutes or until pasta is tender. Uncover; sprinkle with cheese. Continue baking, uncovered, 5 minutes or until cheese is melted.
3. Let stand 5 minutes before serving. Garnish with green onions, if desired.